

# CARTER CORPS NEWS



A Newsletter for Students, Parents, and Community Members Who Support Carter High School

Volume 21, Issue 7

CHS Media & Public Relations

Oct. 20, 2021

## Using Counselors To Achieve Your Best Future

Do you ever have that lingering thought in your head: what am I going to do when I get out of high school? Well luckily for you the CHS counselors gave us some tips on how to utilize them and what research you should do yourself to help set you up for success. Ms. Duda, one of the school counselors, is very skilled in finding the perfect job for you based on your personality. She always tries to communicate with her students and connect with them to help set up the best path for them. Personality tests for jobs are really recommended. The top recommendation from Ms. Duda is Onetonline.org. This website tests your skills and shows you multiple categories of jobs to choose from. Plus it shows you the amount of schooling needed! Some tips from Ms. Duda are 1. Communicate to the counselor you have to come and reach out to them, they don't know what you want for your future 2. Do your own research 3. Learn your interests. Also if you want to dabble into actual jobs for your interest the counselors are perfect for that they

can reach out into the community to find apprenticeship opportunities for you after school Ms. Duda said, "The school counselors at Carter can work as a bridge for students to reach their future." Another counselor at Carter High, Ms. Bowman, goes further into what you want to do in your future and how to get there. For ex-



ample, college: she says the first step is to think about what you're passionate about and what you want to major in while you're in college and consider how much you're willing to pay. Although college might not be for everyone with how intimidating it is Ms. Bowman says, "Don't underestimate yourself." Still, there are other options like going straight into

work right after high school. Both counselors agree the best approach to going straight into a job is dabbling into many subjects at school, seeing what you like and doing jobs after school out in the community. Also, one thing to get into if you want to do extra schooling after high school is the Tennessee Hope scholarship; to be eligible for this award you have to graduate with a 3.0 GPA and pass your ACT with a score of 21 in 4 different areas math, science, English, and reading. Tennessee Hope helps you pay for college with 3,500 dollars both your freshman and sophomore college classes and and for junior and senior 4,500 dollars. There are also the 2 free years of school the Tennessee Promise gives you. To help yourself for the future, talk to your counselor because there are many ways to earn scholarships! Whether you want to go to college, trade school, straight into work, or even enlist into the military the counselors are there specifically to help you set you straight for success.

## CHS Cafeteria Workers Put in Hard Work Each Week

The people working in the cafeteria work hard to get and cook the food. A lot of students in the school don't know what goes into making their lunches every day. Two of the cafeteria workers are Christie Brewer and Lynna Bowman. First, Ms. Brewer said, "We get our food from a vendor called Sysco." This means they have to order the food that they want to get. Then "we

cook our food in a convection oven," Ms. Bowman added. The oven is in the cafeteria where the kids get the food. They both told me, "We get the food every Wednesday from a big truck that brings the food to the school." When they get it they must keep it in a cooler and a heated room for the food for the other days of the week.



Left: Ms. Brewer

Right: Ms. Bowman

Educating, Motivating, and Producing Responsible Citizens of Tomorrow

## Opinion: Silent Lunch for Being Late?

By Blake Smith

Have you ever been late to school? If so, then you must be well aware of the consequence: silent lunch. When someone is late to school, they must go to the office, and they are given a silent lunch slip. Their name also goes on a list, so the principals know who has silent lunch. Failure to serve silent lunch results in RLC. Students get one parent note per year, in case there is an emergency, but that's it. I do not think this is the appropriate way to punish students for being late. Students have reasons for coming in late, and they have things going on in their lives other than school. A good

example of this is car trouble. If a student's car breaks down, they are given a silent lunch for something that is not their fault. Another reason silent lunch for tardiness should be taken away is the punishment itself. Silent lunch does not help students in any way. They cannot sit with their friends, talk, or be on their phones. This punishment benefits no one, and it does nothing to sit a teenager at a desk against the wall for 30 minutes. On the other hand, some may argue that it teaches students responsibility, and prepares them for the real world by displaying that you are punished for your actions, and you have to

deal with the consequences. However, if someone is late just once for a good reason, such as their car not starting, then they still must serve a silent lunch for being tardy; plus, doing silent lunch doesn't do anything to change the reason why they were tardy. Some students have even stated that if they oversleep, they just do not attend school, to avoid silent lunch. It is better that a student comes to school late, rather than not coming at all. Many students agree that this rule should not be enforced, because silent lunch is not the way to handle the situation.

## Opinion: School Lunch Is Good

By Bradley Long

School lunch consists of many simple meals. Every week usually has appearances of Pizza, PB & J, Hamburgers, Chicken Nuggets and Cheese sticks on their respective days. The quality of the food is more of a hot topic than you would think; many people have a negative opinion of the food, but I think the food items named are not half bad, especially along with the fact that they are given for free to students. Starting with the chicken nuggets, they taste like any frozen chicken nuggets you could get at the grocery store and are nicely paired with a side of dipping sauce. The hamburgers are probably my favorite. They are primarily served on Fridays and sometimes on Mondays if there are leftovers. They are unlike any burger I've ever eaten but they are oddly enjoyable. The cheese sticks are probably my second favorite. They are served with marinara sauce. Moving onto the PB & J, I've never actually had it before as I always go for the other options. Some days we get "special" options such as spaghetti and nachos with chilli.

Seeing the spaghetti in the lunch line usually makes my day a little better as I know it will be good. It is a simple yet nice option that isn't seen as much. The nachos with chilli is even rarer to see but every few weeks it pops up on the line and is a nice surprise. A part of the lunch that usually doesn't get as much love is the fruit and vegetable section. It usually consists of apples and oranges. Sometimes it rarely consists of grapes and salad. All of these are a great option and should always be considered when grabbing lunch. The last thing to mention is the drink selection. For drinks we have options of chocolate, strawberry, and white milk. We also have fruit drink options of Apple, Grape, and Orange juice. My favorite is apple juice but the orange and grape never disappoint either. As mentioned earlier. The quality of the food served has always been a topic discussed negatively. The quality is not the highest for the food but that is because it is free. The food is offered to every student free of charge as is in turn lower quality than something you may bring from home.

The school food is what it is and you aren't forced to eat it. It's nice that every student is given the option for a free lunch.

*Carter Corps News is a product of the CHS Journalism class.*

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